

SENIOR MOMENTS

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WE ARE BACK AGAIN! IN PERSON MEETINGS RESUME.

Hot coffee and donuts were eagerly shared at our first live meeting in over a year.



From our President:

On Tuesday March 10, 2020 the Old Guard Meeting wrapped up, our things were put away, the bridge players closed up shop, and we went home. Yes, we knew about the virus, and we had some idea that it would somehow affect our lives for a while. It might even force us to change the way we operated, and it might even be with us for a few weeks, but once we got past it, things would return to normal.

On Tuesday October 5, 2021 things returned to normal, somewhat, but not completely. True, we were back under the familiar roof of the Ethical Culture Society of Westchester, there were fewer chairs, spaced further apart, a television in the front of the room showed little boxes with some of our friends and fellow members

in them. Something like the little boxes that we ourselves occupied over the previous 18 months and 18 days of OG meetings. But there was coffee and donut holes. We were home.

Over that time away we learned a lot. We learned how resilient we are, how ZOOM works, how we can mute and unmute ourselves (well some of us learned anyway), how much we like each other, how we help each other, that life goes on even under difficult circumstances, how much a hug, or a handshake, or a pat on the back, or even a fist-bump can mean.

Mostly we learned that we have a lot to offer, to ourselves, to our fellow members, and to our community. Now that we are home, let's commit to making things even better.

Steve Auerbach

Actively seeking new articles. Articles, photos and poems can be e-mailed to the editor, mholstein@optonline.net

Highlighting Our Recent Activities



Weekly lawn bowling, hosted by the Eilbacher family on their Greenburgh estate, started in the summer and lasted into early autumn. From left to right: Eric Eilbacher, Michael Marlow and Harvey Schwartz.



The Old Guard picnic, held at Ridge Road Park on September 23rd, was a big success. Between members, friends and family, attendance was high. Lloyd Cort and his lovely wife, Gwen, provided a sumptuous feast and planned many festive activities. From left to right: Bob Sandler, David Klein, Glen Gordon, Lloyd Cort and Bernie Robinson.



The Old Guard showcased its message at the *Booming Better Expo* held at Manhattan College on October 24th, as part of our drive to increase our membership. Our booth attracted several potential members. From left to right: Lloyd Cort, Steve Auerbach, David Finch and Bob Sandler. Notice those snazzy Old Guard hats. Do you own one? They are available from Paul Abramson.



CULINARY CORNER

Restaurant reviews and recipies



Editor's Note: I have dined at this restaurant many times and have never been disappointed. My wife hosted my 70th birthday here with over 50 people in attendance. The food and service were superb and they even provided a classical guitarist for our listening pleasure.

SONORA RESTAURANT * 179 RECTORY STREET * PORT CHESTER NY 10573

Since Chef Rafael Palomino opened the doors to this Latin-fusion restaurant, he has received accolades from a broad customer base, including an “Excellent” from the New York Times. Sonora, like Palomino’s other restaurants, boasts excellent service and mouth-watering dishes, paired with an extensive wine list and cocktail offerings. In addition to impeccable service and delicious dishes, Sonora’s two-story home offers guests the possibility of having a custom-designed and catered on-site private party, for any occasion, from 12 to 110 people.

On a recent evening, my wife and I were able to get a table in the front room. Our waiter Antonio was very knowledgeable and attentive. So were the servers helping. We chose tapas items but all the dishes looked very enticing. The guacamole, served in a large stone crucible, was to die for. The grilled octopus with fingerling potatoes, arugula, diced chorizo & chimichurri was the best I have had and the shrimp ceviche was seasoned perfectly.



*French toast
from Sunday
Brunch*

We also selected España-Empanadas de Sirloin (Sirloin and goat cheese empanadas with raisin guajillo sauce) and España-Empanadas de Manzana (Apple and manchego cheese empanadas with agave and yogurt sauce). The empanadas were light - not heavy or greasy and were a wonderful mixture of flavors. I highly recommend the sangria as it complimented the food nicely.

ART & POETRY CORNER



JOE CAMEL

*by
Julian Leventhal*

R. J. Reynolds (RJR), the second largest U.S. cigarette manufacturer, brought its Joe Camel cartoon character from France in 1988 for use in the United States. It aroused a great deal of controversy as to the goals of the tobacco company in targeting youth. RJR agreed to cease using Joe Camel in July 1997.



The Old Guard of Westchester is a social organization of retired business and professional men who meet for fellowship, recreation, mutual support, and community service. For membership information: 914-428-4218